AL-BAYAN INTERNATIONAL SCHOOL
مدرسة البيان الدولية

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MS/HS WEEKLY NEWSLETTER

23 September 2021

2021-2022 Issue 5

Assist Principal Message:

Dear BIS Parents,
Thank you for attending our in-person family orientation event last week. Your assistance in ensuring a smooth transition back to on campus learning is greatly appreciated.

Beginning this week (September 26-30) MS/HS students will attend school on campus in two groups (Group A and Group B). Please see the schedules below in the newsletter for details. We're thrilled to open our classroom doors again for the students!

A friendly reminder for students age 12 and above, please continue to provide BIS with your Covid-19 vaccine information. It's critical that our nurses have an accurate vaccine record as students return to campus.

We couldn't be more excited to offer students a safe, engaging, and fun learning experience during our first week of in-person learning. Thank you for your continued support and let's make it a wonderful week!

Dates to Remember & Important Notes:

First Day of On Campus Learning Sunday Sept 26
Sun. Oct. 10 full day all students in person learning begins
Check the announcements and schedules in Schoology and PS.

MS/HS students will attend school on campus in two groups (Group A and B)

BIS MS

Sunday	Monday	Tuesday	Wednesday	Thursday
Group A IN PERSON 7:25 - 2:05	Group B IN PERSON 7:25 - 2:05	Group A IN PERSON 7:25 - 2:05	Group B IN PERSON 7:25 - 2:05	ALL STUDENTS IN PERSON 7:25 - 2:05
Group B AT HOME Check Schoology	Group A AT HOME Check Schoology	Group B AT HOME Check Schoology	Group A AT HOME Check Schoology	

BIS HS

Sunday	Monday	Tuesday	Wednesday	Thursday
Group A IN PERSON 7:35 - 2:10	Group B IN PERSON 7:35 - 2:10	Group A IN PERSON 7:35 - 2:10	Group B IN PERSON 7:35 - 2:10	ALL STUDENTS IN PERSON 7:35 - 2:10
Group B AT HOME Check Schoology	Group A AT HOME Check Schoology	Group B AT HOME Check Schoology	Group A AT HOME Check Schoology	

⇒ **Homeroom teachers shared and posted in Schoology and it's on PowerSchool.**
⇒ **Please complete daily health checks using My MedBot.**
⇒ **Student/Parent Forms were sent on Sept. 19th, please be sure to return to homeroom or to school email mshs@bis.edu.kw.**

Important Notes about COVID Vaccination

BIS Students who get the vaccine, please email the school nurse on felsy.robert@bis.edu.kw. heba.abouharb@bis.edu.kw or elsie.lahsang@bis.edu.kw. Send the vaccine note for confirmation.



Uniform Center:

Uniforms can only be purchased online, Please click here. **You can exchange or pickup uniforms on Sat. 10 am – 3 pm or on Tues. And Thurs. 3:30— 6:30 pm.**

The new Uniform Center is located at **BBS campus on Beirut Street, near gate 6.**

We encourage you to start to prepare your child(ren) now to wear the uniform online, but it will only be required for in-person learning.

My MedBot:

You can watch a short introductory video on MyMedBot here, as well as downloading the iPhone (click here) and Android (click here) apps.

You will receive an automated email from MyMedBot in the coming days with the specific login code for your family. Please click here for additional information on the platform.

Should you have any additional questions, you may contact Mr. Ahmed Mohamed, ETM System Administrator at or call Reception at 2205 2822 ext. 8000.

Mission Statement: Al-Bayan International School personalizes learning to achieve intellectual and individual growth of all students, empowering them to impact their community.

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Sleep Hygiene

Students will be returning to campus in the coming weeks and with that comes earlier mornings and longer days. One of the best things we can do to prepare is to establish and maintain a consistent sleeping schedule.
Sleep Hygiene is a collection of strategies that support optimal sleeping patterns. Here are 6 strategies recommended by sleepassociation.org. Use these sleeping strategies and maintain good Sleep Hygiene for yourself and your family to ensure you are ready to take on the exciting challenges ahead.

1. Have a consistent sleep schedule. This means going to sleep and waking up at the same time or within 20-30 minutes of the same time each day.
2. Don't hang out in your bed. Avoid eating, reading, working and all other non-sleep related activities in bed. Save the bed for sleeping.
3. A routine before bedtime will help your mind and body prepare for sleep and improve the likelihood of a quality sleep. Take an hour to put down electronics, shower, brush your teeth, drink some water and/or prepare fresh sheets before bed.
4. Keep your phone, TV, laptop and/or other distractions away from your bed.
5. When you wake up in the morning, don't linger in the bed for more than 5-10 minutes.
6. Avoid caffeine, especially in the afternoon or within 8 hours of your scheduled bedtime. Children should avoid caffeine entirely.



Schoology is an online learning management system that empowers teachers with real-time student interaction inside and outside the classroom. The system helps you stay informed about your student's classes and assignments. You can use Schoology to:

1 - Check your student's courses and weekly plans.
2- View your student's upcoming, current and overdue assignments.
3- Monitor school and course announcements.
4- Stay involved in your student's education.

PowerSchool is a Student Information System (SIS) it keeps parents informed and engaged with anytime, anywhere access to their children's performance. PowerSchool helps parents with a suite of tools to:

1- Monitor student progress and communicate with teachers.
2- Real-time notifications alert parents to new grades and attendance.
3-Parents can easily access student's report like progress report, report card as well as transcript.

For any support with PowerSchool or Schoology, please contact: Mr. Ahmed Mohamed
ahmed.mohamed@bis.edu.kw | ETM System Administrator

Big Thanks to students, parents and BIS staff to make in-person orientation day a successful day.





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